Safe Disposal Instructions for Rx Medications

Pills and Patches ONLY (including pet medications)
Collect your expired or unused Rx pills or patches in their original bottle or place them in a disposable bag. Be sure to remove or cover all personal information. Anonymously drop your pills and patches in a Rx drug drop box at one of these locations:

- Bellows Falls Police Dept. 170 Rockingham St.  
  Bellows Falls | 802.463.1234 (8am-4pm, Mon-Fri)
- Brattleboro Police Dept. 230 Main St.  
  Brattleboro | 802.257.7946 (24 hours)
- Wilmington Police Dept. 2 East Main St.  
  Wilmington | 802.464.8593 (8:11am and Noon-5pm, Daily)
- Winhall Town Police Dept. 107 Old Rt. 30  
  Bondville | 802.297.1013 (24 hours)
- Windham County Sheriff’s Dept. 11 Jail St.  
  Newfane | 802.365.4941 (24 hours)

Liquids
Mix liquid medications with kitty litter or coffee grounds. Put mixture in a sealable plastic bag and place in trash. Liquids cannot be collected at Rx drop boxes.

Needles and Sharps
If you do not have an FDA-approved container, place needles and sharps in an empty laundry detergent bottle. Label bottle “Do Not Recycle” and store in safe location, out of child’s reach. When bottle is full, secure lid with heavy tape and dispose with trash. Needles and sharps cannot be collected at Rx drop boxes.

For more information, call 2-1-1 or visit WindhamRx.org

Guide to Preventing Prescription Drug Misuse

Brattleboro Area Prevention Coalition | Deerfield Valley Community Partnership  
Greater Falls Connections | The Collaborative | West River Valley Thrives
70% of people aged 12 and older who misuse prescription drugs get them from family or friends.

(2011–2012 National Survey on Drug Use and Health)

20% of Windham County high school students stated they have misused a prescription pain reliever or stimulant not prescribed to them. This is markedly higher than the Vermont statewide average of 13%

Avoid being the accidental dealer
Because prescription medications are so commonly used, some mistakenly believe they are harmless. These medications are often easily accessible. Secure your prescriptions the same way you would other valuables in your home, such as jewelry or cash.

Be Aware. Don’t Share.
Many prescription medications can be extremely dangerous or deadly when used improperly, such as in combination with other drugs. This includes many over the counter medications and herbal remedies or when used by someone with an unsuspected or undetected medical condition. Never give or sell your medications to another person. Never take or buy prescription drugs from another person. Be aware. Don’t Share!

Follow these 5 simple steps to prevent Rx drug misuse

1. TALK with your family, friends and children about the dangers of Rx drug misuse
2. Keep medications SECURE in your home
3. Safely DISPOSE of old and unused medications in a Rx drug drop box (see back for locations)
4. Keep COUNT and keep TRACK of your medications
5. NEVER SHARE your medications and do not take any medications not prescribed to you

Let’s keep Vermont’s natural resources and waterways clean!
Properly disposing of prescription medications protects our environment. Rx medications that are flushed, poured down the drain or disposed in household trash have found their way into our nation’s lakes, rivers and streams. Most water treatment plants or septic tanks have not been designed to remove the chemicals contained in medications. There can be negative health effects to humans, animals and aquatic life if large amounts of these chemicals get in our water supply.

Spread the word
Talk with family and friends and share these resources. Together, we can create a healthy, drug-free community. Learn more and get involved at www.WindhamRx.org

WindhamRx.org